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Systemic  
Practice

## Systemic Haiku

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woven together  
lives connected by stories  
we stand stronger now

Keywords:

*systemic,  
relational,  
haiku,  
poetry*

our genogram links  
lives through lines of blood and ink.  
patterns make us think.

Citation Link

sit where I sit now.  
see through my eyes, feel my heart.  
grow wise with respect.

I listen to you  
turning your words in my heart  
until they flower

when there are no words  
we search, looking for meaning  
In spaces between

*Karen Holford*

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Such complexity  
Some want a black and white world  
It's all connected

*Hugh Palmer*



Your identities  
receive a lot of conflict  
in regards to roles.

Maybe he's not nice  
but I think we are seeing  
triangulation

*Justin Huft*

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The silence of snow.  
Crystalline structures collide,  
Openings begin.

You turn towards me,  
How do we negotiate  
Evolving moments?

Tentative green shoots  
Breaking the winter lockdown.  
We connect once more.

*Liz Day*

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Life is meaningful  
Only in relationship  
Connect and show love

*Sarah Helps*

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The form of haiku  
On relational life is  
Paradoxical

*Gail Simon*

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