

poetry

Systemic Haiku

Volume 1 0-0-0-0-0-0-0-0-0

Issue 1 woven together

Winter 2017 lives connected by stories we stand stronger now

Keywords: our genogram links

systemic, relational, haiku, lives through lines of blood and ink. patterns make us think.

sit where I sit now.

Citation Link see through my eyes, feel my heart.

grow wise with respect.

I listen to you turning your words in my heart until they flower

> when there are no words we search, looking for meaning In spaces between

> > Karen Holford

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Such complexity

Some want a black and white world

It's all connected

Hugh Palmer

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A hypothesis, Voicing an idea or two. But thoughts are not true.

> Empowering you. As I visit inside me. Embracing Withness

> > The reflecting team, Inside and outside voices. Not knowing, talking.

> > > Communication.
> > > When the words get in the way.
> > > Silence is screaming.

Talk with, not at me. What do you think that I think? Elephants cry too.

Amanda Grace Bueno de Mesquita

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Family systems plant us, but we are the ones learning how to grow

The roles are quite strong at home. Maybe we just need some insurrection

Whatever you do, don't be just like your parents, you think as you age. Systemic Haiku 82

Your identities receive a lot of conflict in regards to roles.

Maybe he's not nice but I think we are seeing triangulation

Justin Huft

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The silence of snow. Crystalline structures collide, Openings begin.

> You turn towards me, How do we negotiate Evolving moments?

> > Tentative green shoots Breaking the winter lockdown. We connect once more.

> > > Liz Day

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Life is meaningful
Only in relationship
Connect and show love

Sarah Helps

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The form of haiku

On relational life is

Paradoxical

Gail Simon

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