

As far as I can see

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Volume 7

Issue 1

Spring 2024

Citation Link

1

As far as I can see
My eyes are shut.
But Inner landscapes
stretch vast and grand,
Land of bird-like thoughts,
many perches per tree
Free to fly in light air
And flock, and with all,
Fall to safer ground,
To feed and interplay.
Day of my own time
Towards evening.

As far as I can see
We, are huddled here,
To pitch ourselves
In some kind of chatter
Zone, and not alone.

But in the midst a oneness
Too of careful doubt,
Communal food
For a hungry mouth.
Enough to suckle or
to kiss the stone that brings
talk to our lips.

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As far as I can see
We draw our learning up
From deeper wells
And share the drops
In story, invocations
Caught on each other's drifts
Nets of working songs
Towards bringing this
Out to our bodied lives
Patterns of presence
Where possible
Where pertinent

2

As far as I can see
We see beyond ourselves
And this 'Tardis' room too
Towards worlds on fire.
Not so far-flung
That we can't feel
The searing heat or pain,
Filtered to us as it is
through televisual flames.
Battles raging still
For scraps of land
And streets of love.
As far as I can see

The bully boys with tyrant minds
Whose inner lands
Are bare and dark
Will fight forever And a day.
Their bellies never full
Their hats not big enough
Their buckets lined with holes
Their guns are always cocked
Their talk is trite and tough
Their hearts are stark and cold.

3

As far as I can see
We cannot always
Bare to see and must retreat
Let go and sometimes seek
our joy-filled happy Birds.
flight of fear? Perhaps.
but in this clear and constant
Air our wings are pushed
To fly high to higher planes
And see beyond the fog
To all the places yet to go
And all things that we might be.

Author

Kieran Vivian-Byrne is a Consultant Systemic Psychotherapist working at The Family Institute (now part of the Centre for Systemic Studies) and is an independent therapist, supervisor, and trainer in South Wales. He is a poet and musician.

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Citation

Vivian-Byrne, Kieran (2024). As far as I can see. *Murmurations: Journal of Transformative Systemic Practice*, 7(1), 112-114. <https://doi.org/10.28963/7.1.11>