

Murmurations:
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Transformative
Systemic
Practice

Systemic Haiku

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woven together
lives connected by stories
we stand stronger now

Keywords:

*systemic,
relational,
haiku,
poetry*

our genogram links
lives through lines of blood and ink.
patterns make us think.

Citation Link

sit where I sit now.
see through my eyes, feel my heart.
grow wise with respect.

I listen to you
turning your words in my heart
until they flower

when there are no words
we search, looking for meaning
In spaces between

Karen Holford

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Such complexity
Some want a black and white world
It's all connected

Hugh Palmer

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A hypothesis,
Voicing an idea or two.
But thoughts are not true.

Empowering you.
As I visit inside me.
Embracing Witness

The reflecting team,
Inside and outside voices.
Not knowing, talking.

Communication.
When the words get in the way.
Silence is screaming.

Talk with, not at me.
What do you think that I think?
Elephants cry too.

Amanda Grace Bueno de Mesquita

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Family systems
plant us, but we are the ones
learning how to grow

The roles are quite strong
at home. Maybe we just need
some insurrection

Whatever you do,
don't be just like your parents,
you think as you age.

Your identities
receive a lot of conflict
in regards to roles.

Maybe he's not nice
but I think we are seeing
triangulation

Justin Huft

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The silence of snow.
Crystalline structures collide,
Openings begin.

You turn towards me,
How do we negotiate
Evolving moments?

Tentative green shoots
Breaking the winter lockdown.
We connect once more.

Liz Day

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Life is meaningful
Only in relationship
Connect and show love

Sarah Helps

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Imposing haiku
on relational life is
paradoxical

Gail Simon

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