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The grief diaries number 1.

Screenprint on paper, octavo map book

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Grief is unpredictable. Ambushing you over small events, like finding a pair of your wife's socks, or a scarf at the back of a drawer. It is visceral and unrelenting in its affect. But it is also always physically there. I wrote this text to give words to what I was experiencing, and continue to experience.

This piece is made up of image and text screen-printed over one another and then made into a simple folded book.

The image references the landscape of grief, the unpredictability and the output of monitors in hospitals which measure life.



Artwork: Elizabeth Day

Photo credit: Penny Morgan Photography

The text is:

the wrenching and tearing in my chest – it's always there
sometimes it's just a catching – a trip in my breathing
a stuttering blue shallowness in the half-drawn breath
sometimes it rips my body in half – leaving me broken
an aching loneliness cut with sharp flights of memory

Author

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