

Beginnings of a systemic learning journey. Weaving systemic threads.

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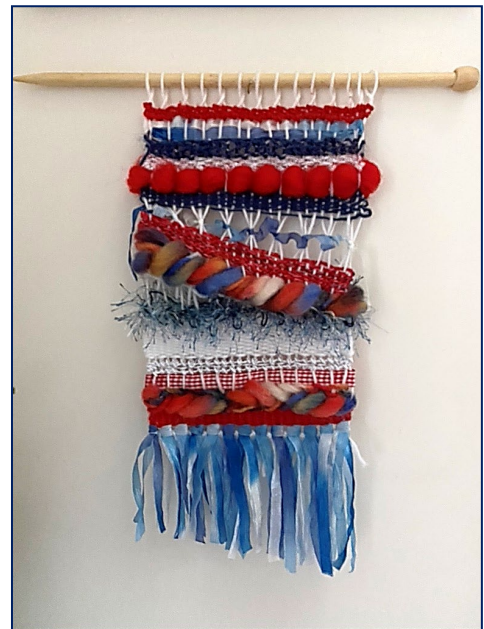
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Timidly coming into the systemic world
feeling again vulnerable and exposed
into our not knowing learning space,
fearful of getting it wrong.

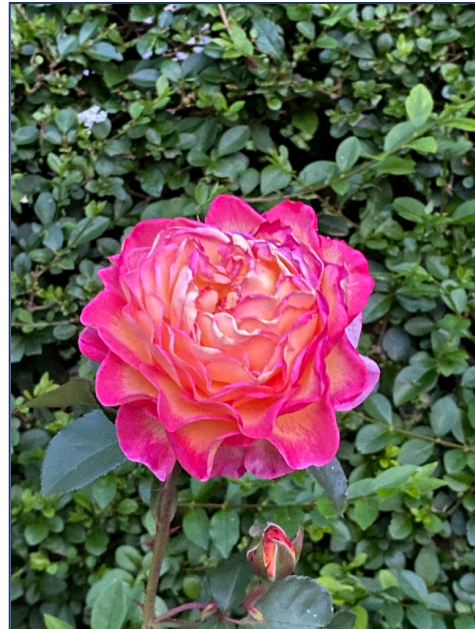
Learning the systemic language
is like scrambled eggs
in our tired brains,
ideas just fading away
into the vast systemic oceans,
trying to hold on to something
and then slipping away,
again and again,
like a fishing net
thrown into high seas,
just a few fish left in it
at the end of a long day.
This is our catch today.

We are all in this together,
weaving old and new stories,
towards new understandings
of ourselves and families
into our multi-colour
quilt of practice.
Vulnerability and strength
being woven together
into a new tapestry of ideas



that keep us connected,
even more eager to notice
invisible threads,
new connections being made,
a new patchwork emerging.

Both/and, old and new,
past and present,
nature and nurture,
children and adults
finding ways to get closer,
embracing each other,
staying connected,
looking at the world they inhabit
with fresh eyes,
through multiple perspectives,
beyond short sighted binary lenses.
Like nature
constantly remodelling itself,
our learning is made and remade
into precious buds, stronger roots
silently weaving its living force
toward the spring of new life
and systemic growth,
fostering an excitement
for new practices,
imbued by a smell of roses.



Author

Chiara Santin is a white Italian woman, in her fifties, cisgender, who loves nature. She is a systemic family psychotherapist, supervisor and trainer, Director of Family Therapy Services and Rainbow Community Projects. After 10 years in social care, she has been in independent practice for the last 12 years. She has taught on systemic courses for IFT, Tavistock, and Chiron Training. She has published several papers and presented at several national and European conferences.

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